

# RIVERDALE HIGH SCHOOL PHYSICAL EDUCATION

Welcome to the Riverdale High School Physical Education Program. Physical Education classes are to be challenging and cooperative. Competition will be spirited, clean, and exhibit good sportsmanship. Participation is expected and necessary for success in **Physical Education**.

As a member of the Riverdale High School PE program, I, \_\_\_\_\_, understand and agree to follow and abide by all rules and regulations including but not limited to, what is listed below.

## Rules and Expectations:

1. All students are to be IN the gym BEFORE the tardy bell rings.
2. Students are required to dress-out daily in the required PE uniform
  - a. **Gray Riverdale T-shirt (\$10) / Black bottoms-NO SPANDEX**
3. Students will meet his/her teacher for attendance in designated area prior to changing.
4. Students are required to actively participate in the daily activity.
5. Students unable to participate due to injury or illness MUST provide a note from the doctor and are exempt from penalty but are required to complete alternate written assignments which serve as replacement assessments until the student is able to return to activity.
6. Students who are absent for any reason must complete alternate written assignments which serve as replacement for that absence. Written assignments are one page front and back hand written and can be on any health or sports related topic. Alternate assignments are due however many days you missed plus one day.
7. NO electronic devices to be used or in sight unless given permission by PE staff.
8. Locker rooms will be locked at all times, preventing access during PE activities. Students are required to purchase locks and are responsible for locking up their belongings. Absolutely NO belongings in the gym area or weight room.
9. Students found in non-designated (unauthorized) area will be penalized.
10. Students are not to leave PE areas unless directed by his/her teacher.
11. Students are not to climb on bleachers.
12. Students will report all injuries to his/her teacher immediately.
13. Students will be given 7 minutes to dress once dismissed from PE area to locker rooms.
14. These following instances will result in automatic referral:  
students changing clothes outside the designated locker room area, leaving the locker room prior to the dismissal bell, climbing the bleachers in the gym, and insubordinate behavior.

## Grading Procedures and Grading Scale:

\*\*\*See your PE teacher\*\*\*

### PE Instructors:

James Delgado	Josh Stutzman
Rob Hinson	Jessica Di Carlo
Roni Hipp	Jesse Aycock
Kris Hayward	Mike Romano

Student Signature \_\_\_\_\_

Parent Signature \_\_\_\_\_

Teacher \_\_\_\_\_

Period \_\_\_\_\_

## Locks and Lockers:

1. Locks will be rented for a \$5.00 non-refundable fee **per semester**.
2. Every student is required to rent his/her own lock.
3. Be sure that your lock is LOCKED and closed securely!
4. **Students are responsible for ALL items they bring to class (including Chromebooks) and they must be locked up. PE staff is NOT responsible for any lost, broken, or stolen items.**