



Riverdale Raiders



MARCH 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 WORKOUTS	2	3
4	5 WORKOUTS	6 WORKOUTS	7 on 7 / Passing League	8 WORKOUTS	9	10
11	12 WORKOUTS	13 WORKOUTS	14 on 7 / Passing League	15 WORKOUTS	16	17
18	19	20	21	22	23	24 PPG PAINT DAY
	OFF WEEK — SPRING BREAK — OFF WEEK					
25	26 WORKOUTS	27 WORKOUTS	28 on 7 / Passing League	29 WORKOUTS	30 NO SCHOOL GOOD FRIDAY	31

APRIL 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 WORKOUTS	3 WORKOUTS	4 on 7 / Passing League	5 WORKOUTS	6	7
8	9 WORKOUTS	10 WORKOUTS	11 on 7 / Passing League	12 WORKOUTS	13	14
15	16 NO SCHOOL	17 WORKOUTS	18 PHYSICALS DONE	19 WORKOUTS	20 WORKOUTS	21
22	23 PRACT. STARTS HELMETS	24 HELMETS	25 HELMETS	26 SHELLS	27 SHELLS	28

MAY 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	30 FILM & MEET	1 1ST DAY OF FULL PADS	2 OFF DAY	3 PADS	4 PADS	5
6	7 PADS	8 PADS	9 OFF DAY	10 PADS	11 PADS	12
13	14 PADS	15 Garnet & Gold Game 7PM	16 OFF DAY	17 PADS	18 PADS	19 GRADUATION
20	21 PADS	22 PADS	23 PADS	24 SPRING GAME VS CLEWISTON	25 FILM & COLLECT GEAR	26
27	28 MEMORIAL DAY	29	30	31	STUDY UP — FINAL EXAM — FINISH STRONG — RECOVERY WEEK	

JUNE 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
3	4	5	6	7	8	9
OFF WEEK / INDIVIDUAL CAMP WEEK / VACATION TIME						
10	11 6AM WORKOUT	12 (FUTURE RAIDERS) 6AM WORKOUT	13 7AM WKT & 7-ON-7	14 (FUTURE RAIDERS) 6AM WORKOUT	15	16
17	18 6AM WORKOUT	19 (FUTURE RAIDERS) 6AM WORKOUT	20 7AM WKT & 7-ON-7	21 (FUTURE RAIDERS) 6AM WORKOUT	22	23
24	25 6AM WORKOUT	26 (FUTURE RAIDERS) 6AM WORKOUT	27 7AM WKT & 7-ON-7	28 (FUTURE RAIDERS) 6AM WORKOUT	29	30
Down N Dirty Camp						

JULY 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4 Independence Day	5	6	7
OFF WEEK — 4th of JULY — OFF WEEK						
8	9 6AM WORKOUT	10 (FUTURE RAIDERS) 6AM WORKOUT	11 7AM WKT & 7-ON-7	12 (FUTURE RAIDERS) 6AM WORKOUT	13	14
15	16 6AM WORKOUT	17 (FUTURE RAIDERS) 6AM WORKOUT	18	19	20	21
FCA FOOTBALL CAMP @ AVE MARIA UNIVERISTY						
22	23 6AM WORKOUT	24 (FUTURE RAIDERS) 6AM WORKOUT	25 7AM WKT & 7-ON-7	26 (FUTURE RAIDERS) 6AM WORKOUT	27	28
29 END ALL VACATIONS	30 1ST FALL PRACTICE	31 HELMETS				

AUGUST 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 HELMETS	2 SHELLS	3 Teachers 1st Day SHELLS	4
5	6 PADS	7 PADS	8 PADS	9 PADS	10 1st Day of School PADS	11
12	13 PADS	14 Tie Tuesday PADS	15 PADS	16 PADS	17 KICKOFF CLASSIC VS CYPRESS LAKE	18
19	20 PADS	21 Tie Tuesday PADS	22 PADS	23 PADS	24 WEEK 1 VS N. FT MYERS	25
26	27 PADS	28 Tie Tuesday PADS	29 PADS	30 PADS	1 WEEK 2 VS PALMETTO RIDGE	

ATTENDANCE & PROMPTNESS IS KEY TO OUR SUCCESS! ALL PLAYERS ARE EXPECTED TO MAKE 20 OUT OF 24 WORKOUTS

PROSPECTIVE FOOTBALL PLAYERS NEED TO EXCHANGE CONTACT INFORMATION WITH COACH DELGADO A.S.A.P.

ALL DATES, DETAILS AND TIMES ARE SUBJECT TO CHANGE